

The Basel Declaration: Standing up for Medical Progress

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Top European scientists have pledged to engage in more public dialogue, openness, and education about animal research. Concerned about threats to the future of medical research, the scientists met recently and drafted a declaration that affirms commitment to responsible research and animal welfare and calls for increased effort to facilitate public understanding of the essential role that animal studies play in contributing to scientific and medical progress. The call for "trust, transparency, and communication on animal research" was adopted by the first Basel conference "Research at a Crossroads" November 29th. The Declaration can be found <u>here</u>, along with an invitation to sign up to it.



Prof. Michael Hengartner, Prof. Dieter Imboden and Prof. Stefan Treue sign the declaration

The Declaration underscores the importance of a wide range of animal research, from <u>basic research</u> that seeks to understand fundamental biological processes, to <u>applied research</u> that seeks to turn such knowledge into new medical treatments, and the critical ongoing need for this work:

⁶⁶ "Over the last 100 years biomedical research has contributed substantially to our understanding of biological processes and thus to an increase in life expectancy and improvement in the quality of life of humans and animals. However, the list of challenges and new opportunities remains long.

Without research using animals, it will not be possible to overcome the social and humanitarian challenges posed by these problems. Despite new and refined alternative methods, animal experiments will remain essential in the foreseeable future for biomedical research."

The Declaration makes clear that:

⁴⁴ "Biomedical research in particular cannot be separated into 'basic' and 'applied' research; it is a continuum stretching from studies of fundamental physiological processes to an understanding of the principles of disease and the development of therapies." A <u>Nature report</u> on the meeting and accompanying editorial highlight the crucial considerations underlying the scientists' call for action, including not only the actions of extremists, but also the broad consequences of failing to build understanding of animal research:

Biomedical scientists in Germany perceive a separate crisis — increasing legislative restrictions that make it more difficult to carry out animal experiments. Hearing little to the contrary from researchers themselves, the public tends to assume that animal experiments are an unnecessary evil, so politicians respond with more restrictions."

That problem was a major motivation for the Basel Declaration — drafted and signed at a meeting in Basel, Switzerland, last week (see <u>page 742</u>). Its signatories pledge to engage in open debate with the public about their work on animal experiments, to stress the high ethical standards to which they adhere and to explain why they have to do it. They intend, for example, to visit local schools or to mention that their research used animals when speaking to the press about new results.

Such efforts have already yielded dividends; the Nature report notes how a determined effort over the past decade by scientists in the United Kingdom to inform the public about the reality of animal research resulted in <u>areatly increased support for</u> it.

Speaking of Research applauds this effort and joins in urging others not only to sign on to the declaration, but also to act on the pledge to continue to increase efforts in outreach, education, and engagement.

In fact, there are many groups and sources for information and conversation to which scientist can turn to for advice on outreach. They include advocacy groups and collaborative networks such as <u>Understanding Animal Research</u>, <u>Americans for Medical Progress</u>, <u>States United for Biomedical Research</u>, and <u>the Foundation for Biomedical Research</u>. They also include scientific societies such as the <u>American</u> Physiological Society, <u>Society for Neuroscience</u>, <u>American Association of Laboratory</u> <u>Animal Science</u>, and the <u>Federation of American Societies for Experimental Biology</u>. Many academic institutions have actively built <u>outreach and education programs</u> that offer good models for others.

Speaking of Research also offers information, tools and support for those who choose to contribute to public discussion of animal research. There are many resources and avenues to support individuals who want to learn more and identify a range of <u>effective ways to contribute to the public discussion of animal research</u>.

Before we finish we'd like to draw your attention to an excellent example of the importance of basic animal research. Christina Agapakis writes on the Oscillator blog about a fascinating study which used <u>gene therapy to restore vision in blind mice</u>. This news comes only a few weeks after scientists in Germany <u>reported that they had</u> <u>used a vision chip containing 1,500 light-sensitive elements to partially restore sight in patients who were blind due to damage to the light-sensitive cells in their eyes. In an open access <u>paper published in Proceedings of the Royal Society B</u>, the team who carried out this important clinical study highlight the importance of in vivo studies in rats, cats, and pigs, and in vitro studies using isolated chicken retinas, in establishing both establishing the theoretical basis for this study, and subsequently in determining the safety of the implant they developed. These advances in vision research suggest that devices available to help blind people see in the 21st century will soon eclipse those that Star Trek predicted for the 24th century!</u>



This is of course exactly the kind of groundbreaking biomedical research that the Basel declaration seeks to defend.

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*The views expressed on this blog post are mine alone and do not necessarily reflect the views of my employer, Wake Forest University Health Sciences.

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